



November 2008

Greetings Awesome Army Spouses!

I hope you will stop by the AFTB office at the ACS building #236 Torii Station Room 103 and check out the events, services and support we have for you! There are AFTB Classes, Volunteer opportunities, lots of fun trips and events to enjoy! Let us know how we can better serve you!!

I look forward to seeing you soon!

Debbi

Deborah Coubrough
Community Life Officer
AFTB/AFAP/ESL
Program Manager



Sun Mon Tue Wed Thu Fri Sat

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2 3 4 5 6 7 8

ESL Intermediate 0930
-1100
ESL Beginners
1300-1430



Scrap The Day
Away 0930-1330

9 10 11 12 13 14 15

ESL Intermediate 0930
-1100
ESL Beginners
1300-1430

AFTB Level 3
0845-1415

AFTB Level 3
0845-1415
AFAP Steering Mtg.

Holiday Fun Run

16 17 18 19 20 21 22

ESL Intermediate 0930
-1100
ESL Beginners
1300-1430

AFTB Fit 4 Me
0930-1330



23 24 25 26 27 28 29

ESL Intermediate 0930
-1100
ESL Beginners
1300-1430

Happy
Thanksgiving!



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Schedule of Events

- Mondays: Improve your English Language skills with free ESL classes. From 0930-1100 is our intermediate class taught by Diane Broome. The 1300-1430 class is beginners taught by Amanda Eddy and Angel Lono.
- 11/6- .Scrap The Day Away: Join us in the ACS Classroom for a day of scrapping with friends. Learn about VMIS and volunteer opportunities!
- 11/12 & 11/13- AFTB Level 3 Leadership Skills. Join us on Torii Station in the ACS classroom from 0845-1415.
- 11/18- AFTB Fit 4 Me: Learn about Physical Fitness, Fiscal Fitness, being active in the community through Volunteerism and more. We will be at the Coral Cove on Torii Station.
- 11/13- Army Family Action Plan Steering Committee Meeting in Bldg. 210 Conference Room from 0800-1000.



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